

FLIP & TWIST

Gymnastics



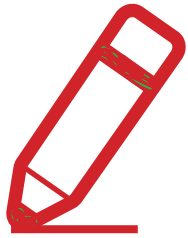
Passport

Advanced

1

My Passport

This passport belongs to:



Advanced

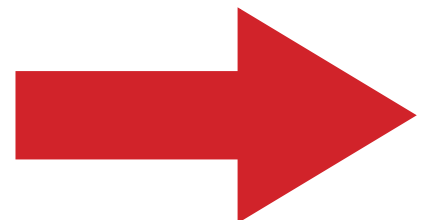
SKILLS

1. Floor

2. Vault

3. Beam

4. Bar





Final Score:

Technique

My Score Required

Handstand with Shoulder Taps

5

Full Turn

5

Back Walkover

5

Handstand Bridge To Stand

5

Front Walkover

4

Power Hurtle Round-Off

5

Back Handspring

5

Front Handspring

5

Arabian

5

Handstand Blocks (on Bouncy Pad)

4

Back Extension

4

Advanced