

FLIP&TWIST

Gymnastics



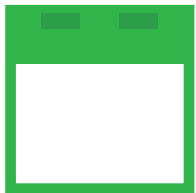
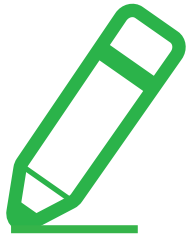
Passport

Beginner

1

My Passport

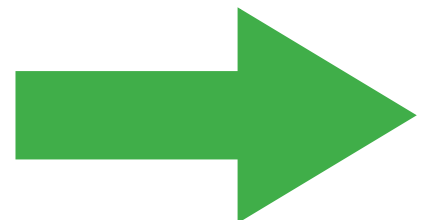
This passport belongs to:



Beginner

SKILLS

- 1. Floor**
- 2. Vault**
- 3. Beam**
- 4. Bar**





Final Score:

Technique

My Score

Required

Tuck

5

Pike

5

Straddle

5

Hollow

5

Arch

5

Candlestick

4

Forward Roll

5

Backward Roll

5

5-Point Lever

5

L-Handstand

5

Wall-T

5

Swivel-T

5

Beginner